

BRECKENRIDGE HIGH SCHOOL



Interscholastic Activities Handbook

Purpose

Breckenridge High School's interscholastic activities program should provide opportunities for students to fully develop and use their physical abilities and use these talents in organized competition with students of similar ability levels from other schools. Competition between schools shall be fostered and encouraged in order to provide opportunities for an increased number of students to participate. Interscholastic athletics provide one of the most effective means of the total educational process through which the values of physical, social, and emotional development may be realized. The athletic program of Breckenridge High School is not for the purpose of exploiting students, earning money for the school, or enhancing the professional reputation of coaches.

Philosophy

Interscholastic activities are a means to supplement the curricular program of Breckenridge High School and should provide positive and worthwhile experiences for its participants. Participation in Breckenridge High School athletics is a privilege and carries responsibilities to one's self, the team, the school, and the community. The coach shall be the teacher and model of these attributes by direct instruction and by example.

Objectives

The objectives of the Breckenridge High School activities program are threefold:

1. To develop for the student:
 - A. Qualities of physical strength, endurance, and motor skills
 - B. A program that meets the needs, interests, and capabilities of the student
 - C. Qualities of good sportsmanship and good citizenship
 - D. Stability of character through emotional control
 - E. Desirable social and competitive experiences.
 - F. Socially acceptable patterns of individual and group conduct
2. To develop for the school:
 - A. A program of interscholastic activities that is an integral part of the total school curriculum.
 - B. High standards of loyalty, morale, and sportsmanlike spectators
 - C. Knowledgeable, appreciative, and sportsmanlike spectators
3. To develop for the community an understanding that athletics has been promoted under conditions that will produce the best traditions of sportsmanship, citizenship, and a wholesome school-community relationship

Student Activity Program

Breckenridge High School offers the following activities: junior high and 8man football (through a co-op agreement with Southwest R-I School District), junior high and varsity boys

12. Cannot accept an award, other than one symbolic in nature, such as a trophy, plaque, medal, letter, ribbon, etc.
13. Cannot accept an award, other than that given by your school for competing in a high school sport.
14. Cannot accept an award, other than a trophy, plaque, medal, letter ribbon, etc. for competing in a non-school organized sport.
15. Cannot participate in organized non-school sports competition and for the school team in the same sport during the same season.
16. Cannot miss school time to compete, practice or travel to the site of organized non-school sports competition.
17. Cannot compete on an organized non-school basketball or football team comprised only of members of your high school team.
18. Cannot compete in an all-star football or basketball game prior to the completion of their eligibility for all high school sports.
19. Cannot compete or have competed against or as a member of a junior college or senior college team.
20. Cannot participate in a "tryout" or "audition" for a college team prior to the completion of your eligibility for all high school sports.
21. No student shall participate until they have completed the minimum number of practices.
22. Participants must be at school for at least $\frac{1}{2}$ the day to participate. **Students missing school at the beginning of the day following activities/ contests, without prior approval of the administration or not having a doctor's excuse, will be held out part or the entire next contest.**
23. Students failing more than one class at the end of first or third quarter will be ineligible to participate in contests until two week reports are made. If at two week report those deficient grades are improved to passing level then students may return to competition. If grades are not maintained during each two week grade period, participants will be ineligible until the next two week cycle.
24. Students receiving more than one failing grade during a two week grading period will be placed on a two week probation until the end of the quarter/semester/ following two week period. Any two weeks in which a student fails to keep grades above failing level in at least 7 classes will result in that student not being allowed to participate in contests.

by medical personnel on site. Any athlete who needs transport to a medical facility will be accompanied by a parent or school personnel in the absence of a parent or guardian. An injury report form will be filled out on all incidents, however major or minor. Coaches are required to carry a current physical examination report, with a parental consent form attached, to all activities.

Travel and Transport

All athletes must travel to and from contests on school sanctioned vehicles for out of town events. Only those students who are eligible according to Breckenridge High School and MSHSAA standards will make the traveling squad. If an event requires a team to be absent from school for all or part of the regular school day the coach is responsible for filing a roster of those students that will be absent with the office as well as with all faculty affected one day prior to the absence.

All athletes must return with the squad on the team bus unless they are released to their parents, or persons designated by the parents, at the conclusion of the event. One purpose of interscholastic activities is to promote a sense of team unity. Permission will only be given if the coach has had direct contact with a parent/ guardian and the student is signed out from the coach at the event. Notes will be acceptable for students riding home with adults, other than parents, only if the coach receives personal contact from parents/ guardians prior to the team leaving for a contest. In this case a note is still required stating who will be transporting the student. All coaches have the right to require that all members of teams travel to and from activities on the bus as part of their team policies. Consideration will be given if circumstances put parents under hardship of time or travel restraints.

No student will be allowed to compete at a contest held at another school's location if the student did not ride to the contest with the team. Special circumstances may arise due to appointments, etc. that require other transportation of students. These circumstances must be approved through the coach and/ or administration prior to the event.

Supervision of any team or group on a school vehicle rests with the coach. A coach or other school personnel must be present to supervise any trip. The supervisor's responsibilities include ensuring that all students are aware of acceptable conduct standards, informing students if they are not complying with these standards, discipline as necessary, and zero tolerance of obscene or abusive language or acts, rough-housing, loudness, or failure to remain seated while the vehicle is in motion. Groups that use school transportation are responsible for leaving the vehicle in clean and orderly condition.

Athletic Discipline Code

It is the belief of Breckenridge High School that in order to meet the objectives of interscholastic programs, student athletes must be held to a high standard of excellence in the classroom as well as in representation of the school. Participants are representatives of themselves, the team, the school, and the community and must show the finest qualities of good citizenship, sportsmanship, and discipline at all times. In the event that a participant does not obey the rules of the team, the school, or society there will be consequences as outlined below. Participation is a privilege and not a right. The privilege can be suspended or revoked for failure to meet expected behavior standards. Any disciplinary matters will be discussed by a committee

In-School Suspension (ISS):

Participant will not be allowed to participate in contests while serving terms of ISS. They will be allowed to practice. Students will only be allowed to participate after a term in ISS is completed. For example, if a student has a three day term of ISS scheduled for Monday, Tuesday, and Wednesday and a contest on Tuesday and Thursday of the same week, he/ she cannot participate Tuesday, but can Thursday if all requirements have been met.

Continued acts at school resulting in ISS are considered to be contrary to the goals of interscholastic activities. Being placed in ISS repeatedly may result in more severe punishments at the discretion of the coach.

Out-of-School Suspension (OSS):

1st Offense: Participants will not be allowed on school grounds, at school activities, and will not be allowed to practice while on OSS.

2nd Offense: The participant will be dismissed from the team and forfeits any and all awards and letters. Furthermore, the administration may feel that behavior resulting in multiple times of OSS do not reflect good citizenship standards and may be grounds for permanent suspension upon review.

*** NOTE: students may be dismissed on a first offense resulting in OSS

Crimes:

All participants must be creditable citizens. No student who is required to do community service will be eligible to participate interscholastically until that sentence has been completed. Misdemeanors and felonies occurring outside the purview of the school, other than minor traffic violations, allegedly committed by a participant during a season, will allow the participant to continue to practice and participate in contests unless and until a legal outcome is determined. Upon being found guilty or by an admission of guilt to law enforcement or school personnel the participant will be suspended from competition immediately. Students may also be suspended if, in the view of the administration, the evidence is overwhelming on the side of guilt prior to a legal determination. In the event of a legal finding of guilt, a student who has committed a misdemeanor will be suspended from competition for the remainder of the season. A participant found guilty by a legal tribunal of any felony will be immediately dismissed from the team and from all activities for a period of 365 calendar days.

Appeals:

All appeals of decisions regarding disciplinary action must be made to the building administrator, superintendent, and Board of Education, in that order.

** If any student has financial difficulty meeting the requirements, the school will help. Dress should not be prohibitive to participation and every effort will be made by the school to aid students.

Letters and Awards

Letters and awards are under the direction of the head coach. Coached should make participants aware of all requirements for awards and letters at the beginning of each season.

Spectators

In keeping with the philosophy of sportsmanship and support, Breckenridge High School expects and demands that all spectators, whether at home games or traveling to other sites, conduct themselves in a manner that will reflect positively on students, other spectators, and our community. As a member school of MSHSAA, Breckenridge is required to supervise not only participants from our school, but spectators as well. The administration is required by MSHSAA to remove any spectators that behave in opposition to its stated philosophies concerning interscholastic activities. Rudeness, obscene language/ gestures, and being under the influence of drugs or alcohol are examples of misconduct that may result in removal of spectators from contests. The school has the authority to suspend or ban spectators due to misconduct.

Participants spend a great amount of time, both in season and out of season, honing skills and preparing to represent the school and community. It is the responsibility of spectators to applaud those efforts with an understanding of the reason for events. Events are designed to enhance the curricular portion of school. All participants should be allowed to compete in an event in a positive and nurturing atmosphere.

Hazing

Hazing of any kind will not be tolerated at Breckenridge R-I Schools.

Student hazing is expressly prohibited by Board of Education policy. For purposes of this policy, hazing is defined as willful conduct directed at another student, whether occurring on or off school property, for purposes of initiation or admission to any school-related activity or athletic team. Conduct prohibited by this policy includes, but is not limited to, exposure or contact of genitals, buttocks, or breasts (female students), directly or indirectly through contact with undergarments; threats of physical harm; and infliction of physical or mental harm or humiliation.

Students found to have violated this policy will be subject to suspension/expulsion from school and suspension and exclusion from activities/athletic participation depending on the severity of the misconduct.

Nonstudents who participate or enable the hazing of students may be excluded from attendance at school activities and school athletic events. District employees, including sponsors and coaches who have knowledge of student hazing but fail to take corrective action will be subject to discipline up to and including termination.

**Breckenridge R-1
2022-2023 CALENDAR**

6.53 Full day-161 3.27 Half day-7

8-3 Class Registration
8-10 New Teacher Orientation
8-22 Teacher work day (Open House)
8-23 Teacher work day
8-24 First day of school

AUGUST 2022						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY 2023						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19		21	22	23	24	25
26	27	28				

2-3 Inservices
2-13 ½ day Band Clinic
2-20 No School

Days 6

Days 17
Days ½

9-5 No School
9-12 Inservice @TA

SEPTEMBER 2022						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

MARCH 2023						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

3-3 Inservice
3-23 ½ day 12:38 Release PTC
3-24 No School

Days 20

Days 20
Days ½

10-7 Inservice
10-20 12:38 Release PTC
10-21 No School

OCTOBER 2022						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL 2023						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

4-6 ½ day 12:38 Release
4-7 No School
4-10 No School

Days 18
Day ½

Days 17
Days ½

11-4 Inservice
11-14 ½ day 12:38 Choral Clinic
11-23/25 Thanksgiving Break

NOVEMBER 2022						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MAY 2023						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

5-19 ½ day 12:38 Release

Days 17
Day ½

Days 14
Days ½