

Hello Spring!

As we reach the end of third quarter, I sense a collective sigh of relief after an intense last few months of sports and activities. With that being said, elementary basketball has a few more games before their season ends, Quiz Bowl is coming to a wrap with districts ahead, and track is just beginning!

This time of year can also be met with farewells.

I first would like to thank the Breckenridge School and Community for an amazing eight years with this district. It has been a pleasure to serve as a classroom teacher and administrator. With that being said, I have accepted a new position as Superintendent of the Kingston 42 School District. I want to thank all of you for the memories and the fun that I have had over the years. I have enjoyed forming relationships that I will cherish for a lifetime. I will forever hold ALL of my bulldogs in my heart. I wish this district nothing but the best in the future.

Mrs. Mindy Jennings will serve as your 2024-2025 Principal of Schools and Dr. Tiffany Otto will serve as your 2024-2025 Superintendent. I wish both of these ladies success in their future endeavor's as they serve this community.

Best,

Ms. Kadee McMillan

## Welcome Dr. Tiffany Otto

As a lifelong learner, I strive to develop leadership capacity in others, encourage lifelong learning for all, and model a commitment to education. With over 19 years of education experience, all in northwest Missouri, I have served as a MS/HS math teacher, a superintendent, and a building principal at the elementary and middle school level. My last 3 years have been spent providing leadership development for leaders in NW Missouri. I completed my doctorate degree in Education Leadership with a dissertation on teacher motivation, recruitment, and retention.

On a personal note, my husband and I have 3 sons and live on a small acreage west of Trenton. We love to travel, camp, and relax with family and friends. In my free time, you can catch me working on a remodeling project, reading, or walking with a good audiobook.

I'm excited for the opportunity to serve the students, teachers, staff, and patrons of the Breckenridge School District. Together we can do great things!



## Welcome Mrs. Mindy Jennings

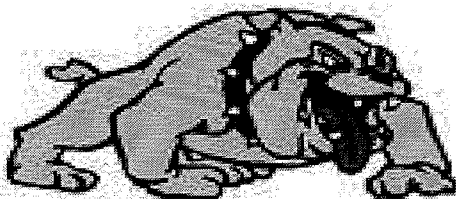
Hello Bulldogs!

After a decade with the Breckenridge District as your Middle School and High School Social Studies Teacher, I am excited to announce that I will be stepping into the role of Principal for the district for the 2024-2025 school year.

For those of you who I have not yet had the pleasure of meeting, I am Mindy Jennings. I am from Chillicothe, Missouri, and that is where my family and I currently live. My husband, Ryan, and I have been married for 9 years this June, and we have two children, one boy and one girl.

I have been in education for 10.5 years, with all of those years of experience here in the Breckenridge District. I received my Associates of Arts in teaching degree from North Central Missouri College before transferring to Missouri Western State University to complete my Bachelors of Science degree in History with a Concentration in Education. I later attended Northwestern Missouri State University to receive my Masters of Science degree in Educational Leadership.

I am thankful for the opportunity to move into this leadership role as I continue to help grow student learning and academic success in the district, and I am excited that now I will be able to help outside the four walls of my classroom



### **FUTURE DATES**

**March 25 th – J.H. Track at Cameron**

**March 25 th – In Session**

**March 26 th – Varsity track Lathrop Invitational**

**March 26 th – Elementary BB (home) against New York**

**March 28 th – Elementary BB at Tina-Avalon**

**March 29 th – NO SCHOOL**

**April 1 st – NO SCHOOL**

**April 3 rd – J.H. and VarsityTrack at Brunswick**

**April 4 th – Quizbowl High School Tournament**

**April 8 th – Prevention meeting with Mr. Dunham for PDC**

**April 10 th – J.H. and Varsity Southwest track meet at Carrollton**

**April 11 th – Varsity at Richmond**

**April 13 th – PROM**

**April 15 th – CLAA Track Meet J.H. and Varsity**

**April 16 th – Varsity track at Cameron**

**April 18 th – J.H. Track at Lathrop Invitational**

**April 19 th – Mid-Term/Grades due into the computers by 3:00**

**April 20 th – Night of Drama here at the school at 6:30 pm**

**April 22 nd – J.H. and Varsity Norborne track meet at Carrollton**

**April 25 th – Gifting the Grads/7-11 grade Assembly with Caldwell County Health**

**April 29 th – Varsity track Northwestern relays at Brookfield**

**April 30 th – May 31 st – MAP/EOC Testing Range**

**April 30 th – May 10 th will be MAP and EOC Testing**

**April 30 th – Senior's (girls) last Day**

**May 1 st – May 8 th – Senior Trip**

**May 4 th – District track meet**

**May 9 th – Baccalaureate**



**Breckenridge Track:**

**3/25/24= jh track at Cameron (leave at**

**3/26/24= hs track at Lathrup (leave at 2:45)**

**4/3/24= track for all @ Brunswick (all day meet, will leave before school starts)**

**4/10/24= track for all @ Carrollton**

**4/15/24= CLAA conference track meet @ Carrollton**

**4/16/24= hs track at Cameron**

**4/18/24= JH track @ Lathrop**

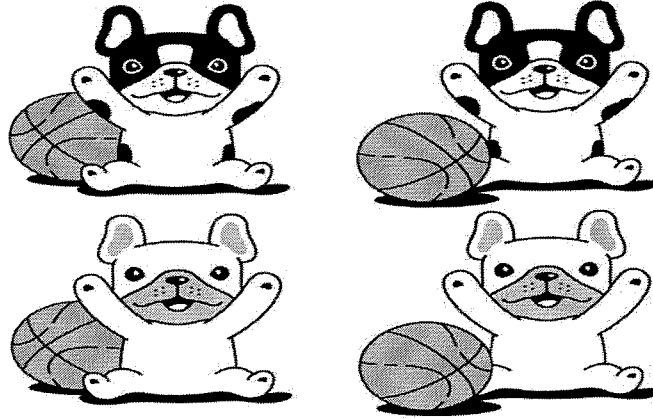
**4/22/24= track for all @ Carrollton**

**4/29/24= HS track @ Brookfield**

**5/4/24= HS District track meet**

**Track has been off to a good start for our jh and hs bulldog athletes. The kids are practicing after school each day and getting very excited for their meets to start next week. We have a lot of returning faces to our track team so we are expecting to just continue to get better and better times and distances as the year progresses. Elementary basketball is nearing the end of their season. With 3 games left, 2 at home and 1 away. Our elementary bulldogs are still looking for their first win. Even though they are still chasing that first win, it is clear that the team has greatly improved on both offense and defense. The kids are being much more comfortable under pressure and gaining a lot of much needed confidence as the season goes on. Be there this Friday, March 22 to watch our Bulldogs face Southwest at 6pm here in Breckenridge! -Coach Opoka**





## **Elementary Bulldog Basketball**

**Grades 3-5**

**2024 Season**

**March 1st, 2024: vs Polo  $\frac{3}{4}$  (double header) 6 pm start**

**March 4th, 2024: southwest tournament 5:45 start**

**Win= play Wednesday at 8pm**

**lose= play Tuesday at 8 pm**

**March 13th, 2024: Bishop Hogan Tourney 6:50 start**

**March 14th, 2024: Bishop Hogan Tourney 6:00 start**

**March 20,2024: @ Polo  $\frac{5}{6}$  (double header) 6pm start**

**March 22nd, 2024: VS Southwest (home game) 6 pm start**

**March 26th, 2024: VS New York School (double header) 6 pm start**

**March 28th,2024: @ Tina Aavalon 6 pm start**

# April 2024

1% Skim and Fat Free Chocolate Milk and Juice Variety offered with every meal.

## Breckenridge R-1 K-8 Breakfast

Menu is subject to change.  
 This institution is an Equal Opportunity Employer  
 \*Denotes High School item only

|    |           |    |  |    |  |    |  |    |                                       |
|----|-----------|----|--|----|--|----|--|----|---------------------------------------|
|    |           |    |  |    |  |    |  |    |                                       |
| 1  | No School | 2  | Mini French Toast<br>Fruit<br>Juice<br>Milk          | 3  | Mini Chocolate Donuts<br>Juice<br>Fruit<br>Milk          | 4  | Turkey Sausage & Gravy<br>Breakfast<br>Fruit<br>Juice/Milk | 5  | Cereal<br>Fruit<br>Juice<br>Milk      |
| 3  | No School | 9  | French Toast Sticks<br>Fruit<br>Juice<br>Milk        | 10 | Blueberry Muffin<br>Fruit<br>Juice<br>Milk               | 11 | Scrambled Eggs Papetti<br>Toast<br>Fruit<br>Juice/Milk     | 12 | Donut Holes<br>Fruit<br>Juice<br>Milk |
| 15 | No School | 16 | Skillet Colby Omelet<br>Bagel<br>Fruit<br>Juice/Milk | 17 | Bagelful Cinnamon Cream<br>Cheese<br>Fruit<br>Juice/Milk | 18 | Breakfast Pizza Bagel                                      | 19 | Pop Tart<br>Fruit<br>Juice<br>Milk    |
| 22 | No School | 23 | Mini French Toast<br>Fruit<br>Juice<br>Milk          | 24 | Mini Chocolate Donuts<br>Juice<br>Fruit<br>Milk          | 25 | Turkey Sausage & Gravy<br>Breakfast<br>Fruit<br>Juice/Milk | 26 | Cereal<br>Fruit<br>Juice<br>Milk      |
| 29 | No School | 30 | French Toast Sticks<br>Fruit<br>Juice<br>Milk        |    |  |    |  |    |                                       |

# April 2024

## Breckenridge R-1 9-12 Lunch

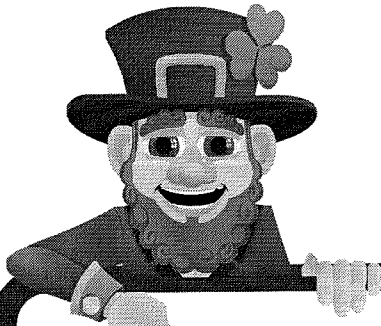
1% Skim and Fat Free Chocolate Milk and Juice Variety offered with every meal.

Menu is subject to change.  
This institution is an Equal Opportunity Employer  
\*Denotes High School item only

|    |           |    |  |    |  |    |   |    |  |
|----|-----------|----|--|----|--|----|---|----|--|
|    |           |    |  |    |  |    |   |    |  |
| 1  | No School | 2  | Beef Nachos<br>Pinto Beans<br>Animal Crackers<br>Fruit/Milk    | 3  | Chicken Nuggets<br>Broccoli<br>Fruit<br>Milk                                   | 4  | Pulled Pork<br>Mashed Potatoes<br>Honey Wheat Roll<br>Veggie Cup/Fruit/Milk     | 5  | Pepperoni Pizza<br>Sweet Potato Fries<br>Fruit<br>Milk                             |
| 3  | No School | 9  | Totally Taco<br>Black Beans<br>Fruit<br>Milk                   | 10 | Breaded Chicken<br>Sandwich<br>Cauliflower/Broccoli<br>Fruit/Milk              | 11 | Fish Strips<br>Cooked Carrots<br>Sunchips<br>Fruit/Milk                         | 12 | Bosco Sticks<br>Corn<br>Fruit<br>Milk  |
| 15 | No School | 16 | Soft Taco<br>Tortilla Chips<br>Refried Beans<br>Fruit/Milk     | 17 | Popcorn Chicken Bowl<br>Fruit<br>Milk  | 18 | Breaded Beef Fingers<br>Cauliflower w/Cheese<br>Garlic Breadstick<br>Fruit/Milk | 19 | Cheese Pizza<br>Tossed Salad<br>Raw Baby Carrots<br>Fruit/Milk                     |
| 22 | No School | 23 | Chicken & Cheese<br>Quesadilla<br>Pinto Beans<br>Fruit<br>Milk | 24 | Baked Chicken<br>Drumsticks<br>Garlic Broccoli<br>Brownie Cookie<br>Fruit/Milk | 25 | BBQ Pork Patty<br>Cooked Carrots<br>Dinner Roll<br>Fruit<br>Milk                | 26 | Fiestada Pizza<br>Cucumber Slices<br>Ranch Dressing<br>Potato Smiles<br>Fruit/Milk |
| 29 | No School | 30 | Chicken Nachos<br>Chili Beans<br>Fruit<br>Milk                 |    |  |    |   |    |  |



# School Counseling Newsletter, March 2024

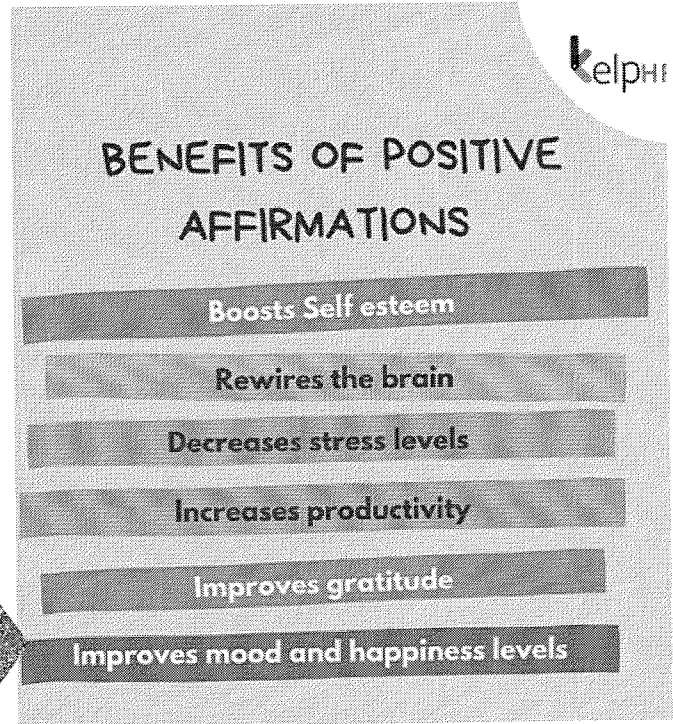


## THE POWER OF POSITIVE AFFIRMATIONS

Research has shown several benefits of daily positive affirmations. According to [positivepsychology.com](http://positivepsychology.com) some of the benefits include:

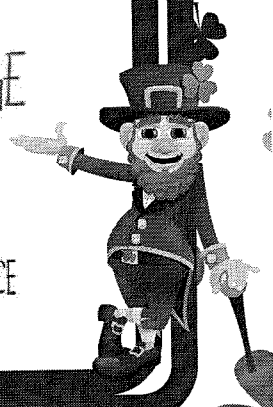
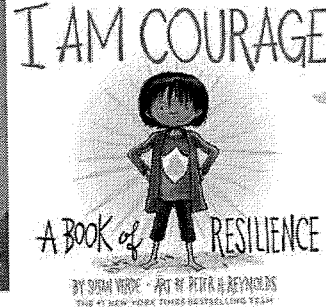
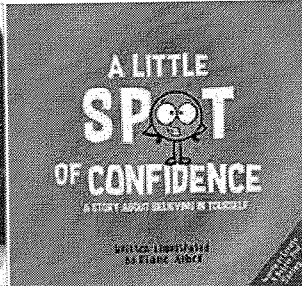
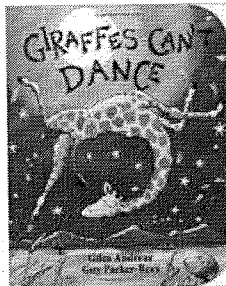
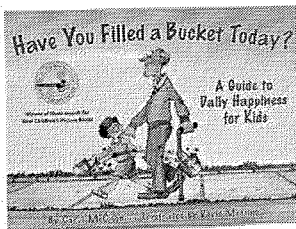
- Decreasing health-deteriorating stress
- Affirmations are linked positively to academic achievement
- Demonstrated to lower stress and rumination

Check out the image to see more benefits.

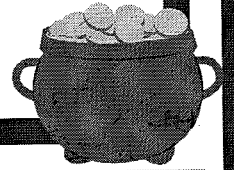


## S.E.I. LESSON THEME

This month, we are going to focus on self-esteem, positive affirmations, and what fills our buckets. See some of the books being utilized for elementary lessons below.



# FOSTERING POSITIVE SELF-ESTEEM IN YOUR CHILDREN



## 7 WAYS TO HELP YOUR CHILD DEVELOP POSITIVE SELF-ESTEEM



1 OPEN UP A DIALOGUE AND BE A ROLE MODEL.



2 HELP FOSTER A GROWTH MINDSET.



3 PRAISE YOUR CHILD'S APPROACH AND EFFORTS—NOT JUST THE END RESULT.



4 PROVIDE CLEAR, BUT NOT OVERLY CRITICAL FEEDBACK.



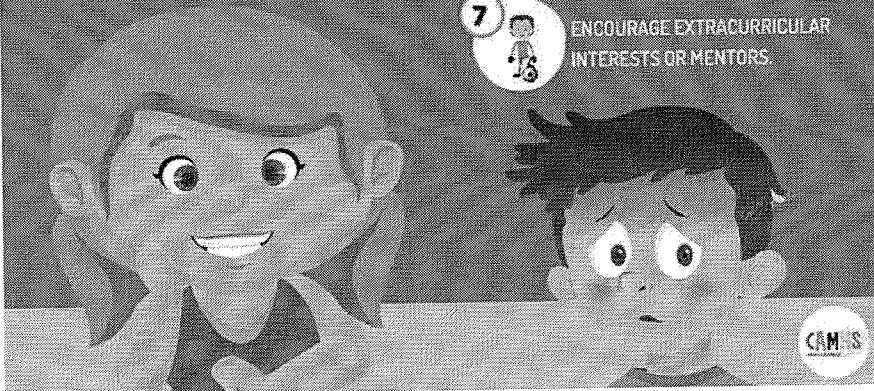
5 TEACH THAT MISTAKES ARE LEARNING EXPERIENCES.



6 POINT OUT SUCCESSFUL ROLE MODELS WITH LEARNING AND ATTENTION ISSUES.



7 ENCOURAGE EXTRACURRICULAR INTERESTS OR MENTORS.



CAMHS

### Five Ways to Build Healthy Self-Esteem in Your Child

#### Praise Them for Their Efforts

Questions like "What was the best part of your day?" can encourage your child to open up about their day and give you a better idea of how they are feeling.



#### Be a Positive Role Model

Being a role model for your child will help them understand how to be a good friend as they grow and meet new people.



#### Focus On Strengths

Help your child feel good about themselves and encourage them to focus on their strengths instead of their weaknesses.



#### Healthy Boundaries to Develop Respect

Attempting to respect for themselves and others will help them have lasting positive relationships.



#### Let Your Child Be Involved in Decision-Making

Being involved in decision-making can help give a sense of control and helps a child feel good about themselves.



At the Small World Learning Center, we understand the importance of healthy self-esteem in children.

SMALL WORLD LEARNING CENTER  
A CENTER FOR THE CHILDREN OF COLOR

Learn More Today!

Parents need to fill a child's bucket of self-esteem so high that the rest of the world can't poke enough holes to drain it dry...

-Alvin Price-

Contact Us: 660-644-5715

Website:

<https://breckenridgerl.org/worpress/>

**From the Desk of Mrs. Siever:**

**Yearbook Staff & Yearbook Club have been busy working on the Yearbook. We are creating assigned pages. Recently, we had a pizza party. We are going to start asking for business sponsorships. A BIG thank you to the following students for helping.**

**Staff:**

**Mia Anderson**

**Club Members:**

**Hali Allred, Rachel Skinner, Kimber Cole, Austin Sayers, & Johnnie Earp**



**Bulldog Bark Staff**

**Easter/Spring Traditions:**

**For Easter, I go to church. Usually we eat and have church service. While I'm too old to hunt eggs; my family does do Easter egg hunts -Dante Harris**

**My Easter tradition is we wake up to Easter baskets with candy and usually hygiene products. Then we get ready and go to my grandma's house for lunch. After we eat they have an Easter egg hunt for the littles. After that we go to my dad's and get our Easter baskets. Then we have an Easter egg hunt. After that we eat dinner. -Kimber Cole**

**In my family, we take Easter eggs to my mother-in-law's so Great, Great grandma can watch the grans hunt eggs! I think my husband (grandpa) and Unky ( my son) enjoy hiding the Easter eggs as much as the grans like to find them! We also eat dinner together too. -Mrs. Siever**

## NOTES FROM THE MUSIC DEPARTMENT



### **MIDDLE SCHOOL BAND/BEGINNING BAND:**

The bands are diligently working on music for the Spring Fling Concert. Please allow and encourage your child to practice their instrument at home.

### **Elementary Music/Middle School Music**

The Spring Fling which will be Thursday, March 21st.

Grades 4-8 will be doing units on either recorders or Ukuleles after the concert.

### **Theater Class**

The Theater Class is going to the Lyric Opera in Kansas City on March 15th to see a production of Romeo and Juliet. They are working on a 3 act Melodrama, similar to an old time radio show, to perform in the middle of April. Some faculty members will be joining the cast to help them out.

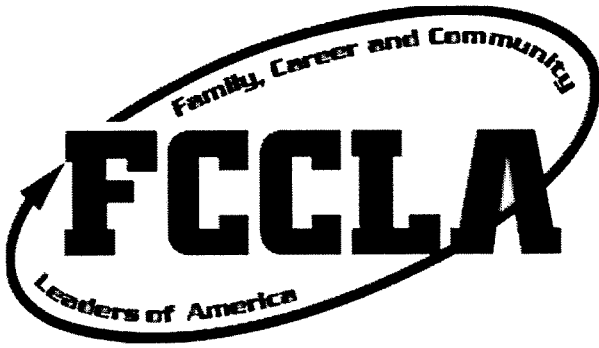
### **UPCOMING EVENTS.**

Spring Fling Concert Thursday, March 21, 2024

Theater Class to Lyric Opera March 15, 2024

Melodrama Performance TBD

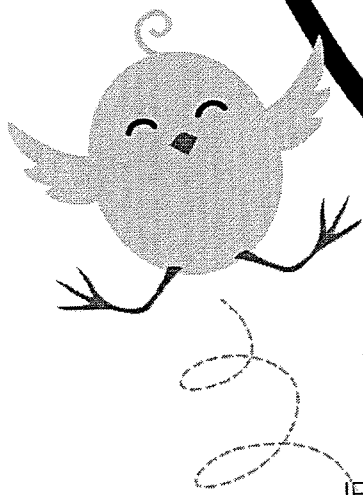
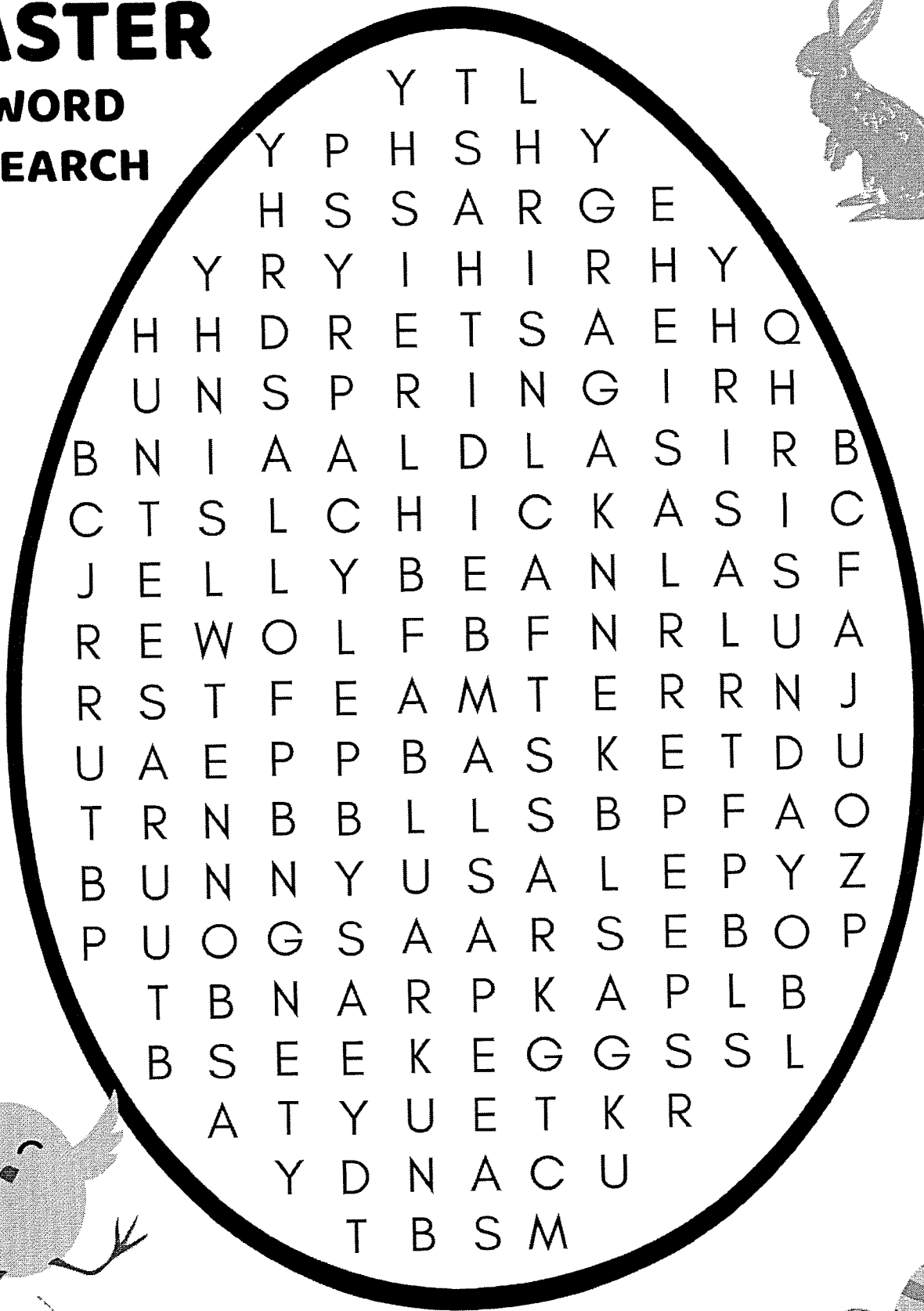
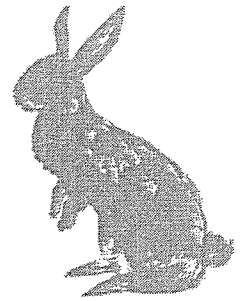
As always, if you have any questions or concerns please do not hesitate to contact me:  
[cmartin@breckenridger1.org](mailto:cmartin@breckenridger1.org) or by calling the school 660-644-5710



**From March 17th to 19th, FCCLA had the privilege of sending three members to the Lake of the Ozarks to participate in STAR Events. The experience was enriching as they engaged in competitive activities, attended workshops, and participated in the general session. Ally Farr and Cory Booth achieved a silver rating in Event Management Level 1, while Anabell Anderson received a silver rating in Job Interview. Thank you for all the support that you have shown us this year.**

# EASTER

## WORD SEARCH

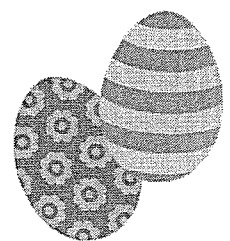


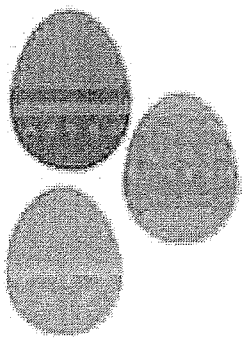
BUNNY  
EGGS  
CHICK  
JELLYBEAN

BASKET  
SPRING  
FLOWER  
EASTER

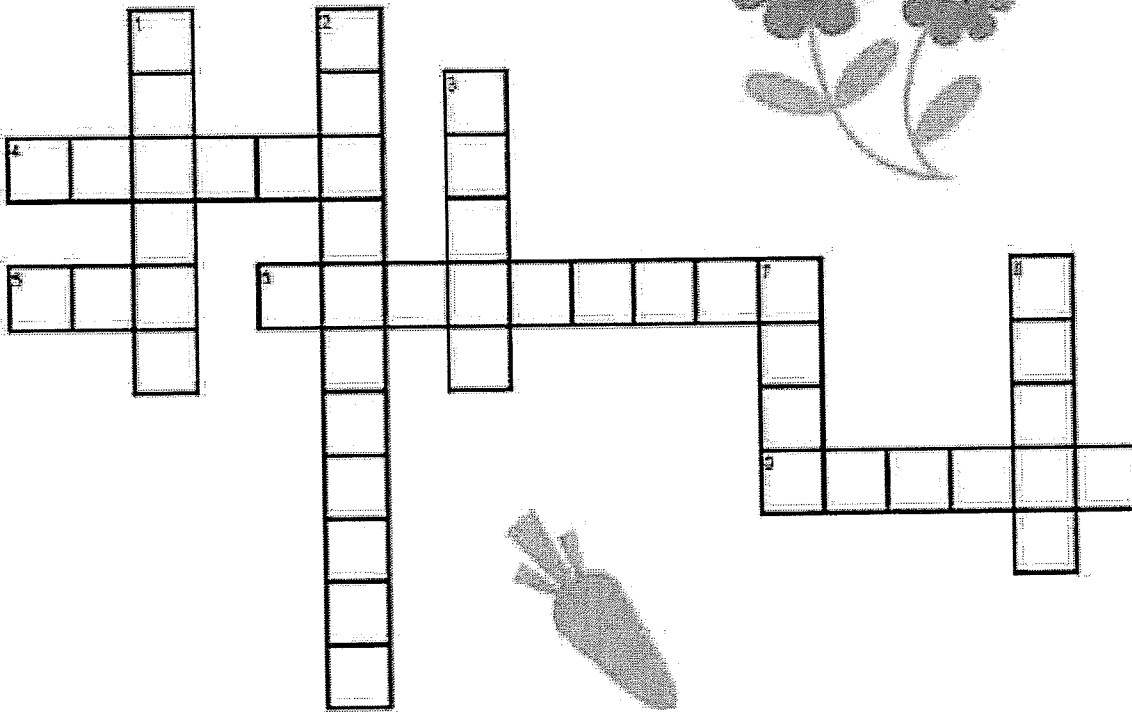
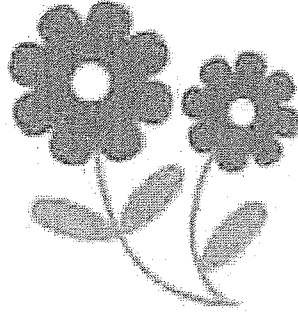
GRASS  
CANDY  
HUNT  
DYE

BONNET  
SUNDAY  
PEEPS  
LAMB





# Easter Crossword Puzzle



## ACROSS

- 4 A holiday celebrated with egg hunts
- 5 What you do to an Easter egg
- 6 Easter's most eaten candy
- 9 Easter is always in what season?

## DOWN

- 1 Egg holder
- 2 A white sticky sweet treat
- 3 A soft yellow animal that chirps
- 7 What you hunt for
- 8 Easter's mascot

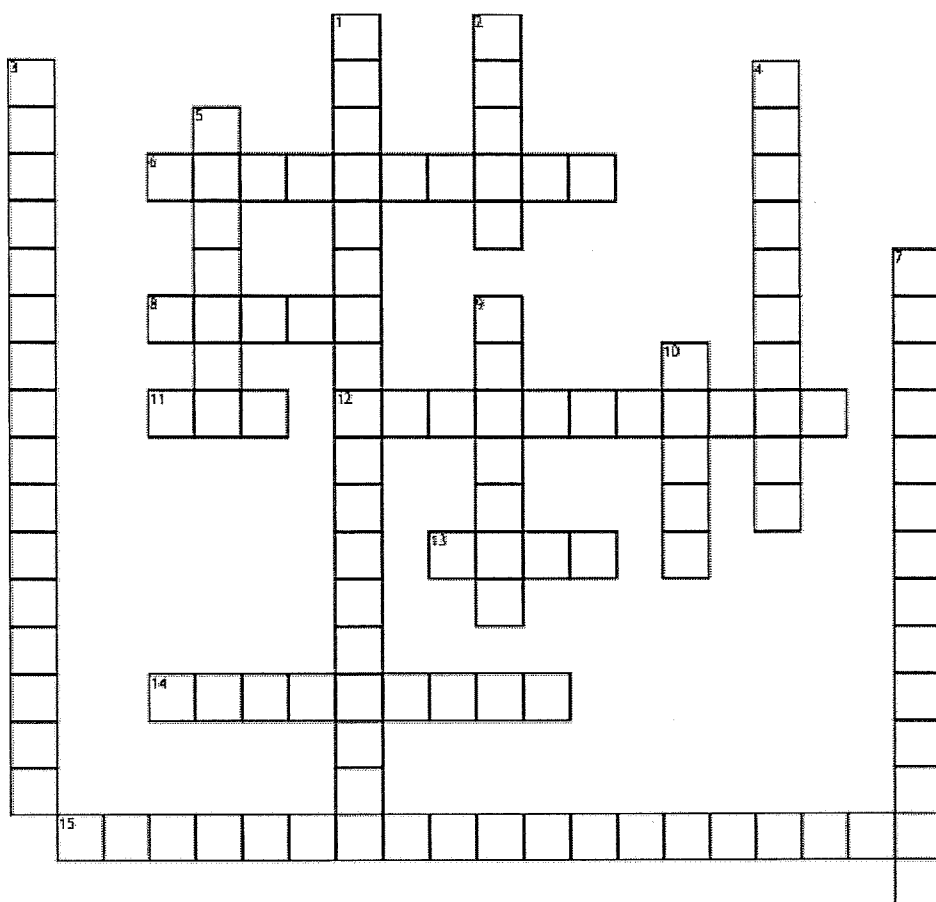
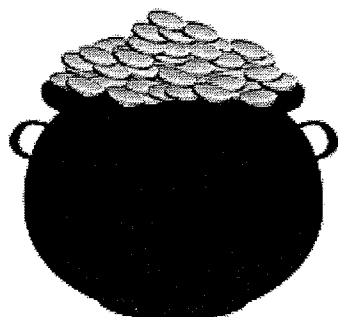
# March Word Search

|                 |   |
|-----------------|---|
| National Anthem | S K D S G V D M G U F M I V Z E P P E A N U T N |
| Mike Disaspuale | J O B E F X B N M I K E D I S A S P U A L E D J |
| March Maddness  | P M A Z S D N U L L X O Y A K H K A X B C F C J |
| Amanda Watkins  | R E J X M U J G M G L E P R E C H A U N Q H T J |
| Megan Williams  | N H V V S W H E K D E D A O L S E S A B C Z N S |
| Lauren Powers   | V T H B U J E C C N F O A T U L F I V E F G P T |
| Bases loaded    | H N M U G Z K E V H P F Z L W B C B X I G M B U |
| Leprechaun      | A A F M N J L N C W D L Z Z H I L L H O U S E A |
| Volleyball      | W L N X A A Y R H M M E G A N W I L L I A M S D |
| Red Cross       | M A F I S R A J L A Z Y U T F H O B M B J Q W T |
| Ball Park       | M N H C H M C R L L M E W G P M A A A U S V B I |
| Hillhouse       | D O Q X O Y G H K C I W V H H T G S P V N L M D |
| Wendsday        | V I L Y Q Y A A M B L I X S T M H E B K I B L S |
| Baseball        | C T W L P F Y H F A H O I L Y O V B Y W K G A S |
| Jr.Hahn         | P A A O A Q K N C N D J V Q D L P A S R T K U O |
| Clover          | V N I I R B I C L E D D L E G D N L J N A G R R |
| Anihya          | G S W I L Q Y L Z G A R N N R E E L E R W L E C |
| peanut          | C U E L Q N B E Y X N V K E K D J Y N Z A G N D |
| Games           | T P N H T E F Y L W O X P U S T G T G S D O P E |
| Green           | S O D J T E U E L L B Q Z Z R S M U E G N U O R |
| march           | F O S D O R B M P J O Z I A V U S M Y W A K W J |
| Track           | U F D N N G C Z L X N V C L L L A C F O M T E I |
|                 | Y X A J O O Y U T I E K Z Y D G J Q B E A E R F |
|                 | F W Y C E Q N S C U P N C K R A P L L A B U S M |





# March Crossword



## Across

6. What sport is March madness?
8. What you feel when you don't wear green.
11. Common Irish hair color.
12. One week break from school
13. Whats in the pot at the end of the rainbow.
14. Also known as a Shamrock
15. Begins on March 13th

## Down

1. What is March declared as?
2. Day with a lot of math jokes on the 14th
3. Holiday on the 17th
4. Has a pot of gold at the end of a rainbow.
5. Some Irish people play these.
7. This plant could bring you good luck
9. Where you find a pot of gold.

10. The color you wear on St. Patrick's day

BULLDOG BARK  
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660-644-5715

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MARCH  
2024



### Nondiscrimination Statement Breckenridge R-I School District

It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, gender identity, sexual orientation, national origin, age, veteran status, mental or physical disability, or any other basis prohibited by statute in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990, and the Americans with Disabilities Act of 2008 (ADAAA), the Genetic Information Non-Discrimination Act (GINA), or USDA Title VI.

Direct inquiries related to department employment practices to the Jefferson State Office Building, Human Resources Director, 205 Jefferson Street, Jefferson City, Missouri 65102-0480; telephone number 573-751-9619. Inquiries related to department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Director of Civil Rights Compliance and MOA Coordinator (Title VI/Title VII/Title IX/504/ADA/ADAAA/Age Act/GINA/USDA Title VI), 5<sup>th</sup> Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number 573-526-4757 or TTY 800-735-2966; fax number 573-522-4883; email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).

Anyone attending a meeting of the State Board of Education who requires auxiliary aids or services should request such services by contacting the Executive Assistant to the State Board of Education, Jefferson State Office Building, 205 Jefferson Street, Jefferson City, MO 65102-0480; telephone 573-751-4446 or TTY: 800-735-2966.

Inquiries or concerns regarding civil rights compliance by school districts or charter schools should be directed to the local school district or charter school Title IX/non-discrimination coordinator. Inquiries and complaints may also be directed to the Office for Civil Rights, Kansas City Office, U.S. Department of Education, One Petticoat Lane, 1010 Walnut Street, 3rd floor, Suite 320, Kansas City, MO 64106; telephone: 816-268-0550; TDD: 877-521-2172.